Here are some ideas for training your cat to work for its meals. For their mental and physical health, pick up that food bowl and say goodbye to “free feeding.” Enrich your cat’s life by giving him or her the job of pawing or nosing the Egg-Cersizer to make it dispense food.

Each cat is an individual. Observe your cat’s comfort level with each step in the training process before moving on. Make it fun and easy to begin with, then increase the challenge over time. It’s best to make only one change at a time, then evaluate your cat’s response to that change. Keep in mind that some cats will enjoy playing with the Egg-Cersizer and eating during the late night and early morning hours, when cats naturally hunt.

Getting Started
Remove the bottom of the Egg-Cersizer™ and fill it with your cat’s favorite treats.
Place the Egg-Cersizer bottom (filled with yummy treats), where the feeding bowl usually sits. Take away the food bowl and encourage your cat to eat from the Egg-Cersizer bottom. This allows your cat to become familiar with eating from and interacting with the Egg-Cersizer.

When your cat is comfortable eating from the Egg-Cersizer, you can move to the next step.

Easy Setting: Three Openings
Fill the Egg-Cersizer with a mixture of kibble and something extra yummy—like pieces of a favorite treat. (Sometimes using a few pieces of a different kibble will bring extra interest.) Screw the top and bottom halves together and adjust the top of the Egg-Cersizer so that all 3 holes are fully open. (Put your fingers in the top divots and twist until you have the desired setting.) Place the toy where the feeding bowl used to sit. Show your cat how tapping the Egg-Cersizer will easily cause food to come out. You want your cat to accept the Egg-Cersizer as the “new food bowl.” Your cat should be able to empty the Egg-Cersizer within a few hours before you make any further changes.

When your cat readily approaches the Egg-Cersizer and paws or noses it and eats the food that falls out, you can increase the difficulty.

Harder Setting: Two Openings
Fill the Egg-Cersizer with a mixture of equal parts kibble and treats. Adjust the hole openings so that 2 of the 3 holes are open.

When your cat can empty the Egg-Cersizer in an hour, you can increase the difficulty.

Most Difficult Setting: One Opening
If your cat needs a greater challenge, adjust the Egg-Cersizer so only one hole is open.

Also, consider reducing the amount of special treats included with the food.

Ongoing
After your cat is regularly eating meals from the Egg-Cersizer, begin filling it with only your cat’s kibble. Adjust the number of openings according to your cat’s progress and level of motivation. Because of the innovative design, your Egg-Cersizer can be easily adjusted to suit your cat’s level of interest and play. Consider having more holes open for kibble meals, but making it harder (with fewer/small open holes) when the Egg-Cersizer is filled with treats.

It is possible—due to kibble size or a less energetic play style—that your cat may never progress beyond having all 3 holes open. That’s okay! The goal is simply to make mealtimes more active and mentally engaging. The Egg-Cersizer is designed to be fun and stimulating, so please do not push your cat beyond their limits and be aware of their comfort level.

Please note that your Egg-Cersizer has a Treat Meter™ located on the bottom. The prongs are designed to keep kibble in, while allowing your kitty to see, smell, and hear the food moving.

If you wish, you can also trim the rubber prongs with scissors, allowing it to dispense treats. Trim freely for cats that need lots of reward or more conservatively for kittens that don’t mind working for their food.